



PLATE LOADED

600

Y900
TITAN MECHANIX
TITAN EXTREME

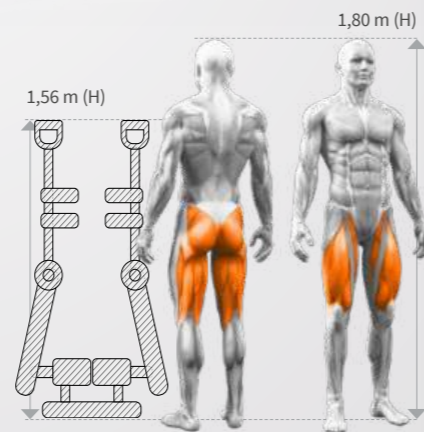
POWER SQUAT / A601



SPECIFICATIONS

A601

Dimension	1560 x 1865 x 1560 mm
Frame dimensions	12 x 6 mm / 8 x 5 mm
Transport box	1600 x 1100 x 400 mm Plywood
Frame color	●
Application color	● ● ● ●
Weight net / gross	235 kg / 265 kg
Max load*	400 kg
Recommended weight pack	GP300G
Weight storage	--



The DHZ Power Squat is designed to allow the user to fully stimulate all muscle groups during a free weight squat while minimizing the potential for injury and danger. Many exercisers have great difficulties due to established weaknesses in biomechanics, injuries, irregular limb lengths, and the inability to hold the bar in place for a variety of reasons.

*depending on plate thickness

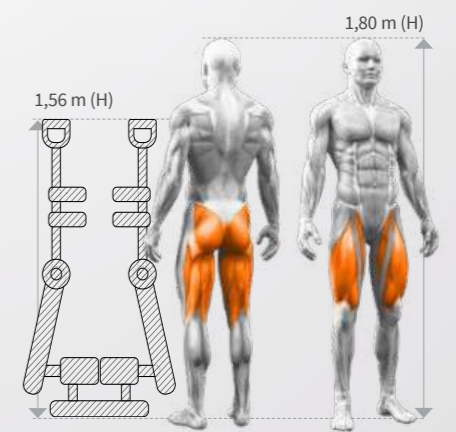
POWER SQUAT / A601L



SPECIFICATIONS

A601L

Dimension	1560 x 1865 x 1560 mm
Frame dimensions	12 x 6 mm / 8 x 5 mm
Transport box	1600 x 1100 x 400 mm Plywood
Frame color	●
Application color	● ● ● ●
Weight net / gross	246 kg / 275 kg
Max load*	650 kg
Recommended weight pack	GP300G + GP140
Weight storage	--



The DHZ Power Squat is designed to allow the user to fully stimulate all muscle groups during a free weight squat while minimizing the potential for injury and danger. Many exercisers have great difficulties due to established weaknesses in biomechanics, injuries, irregular limb lengths, and the inability to hold the bar in place for a variety of reasons.

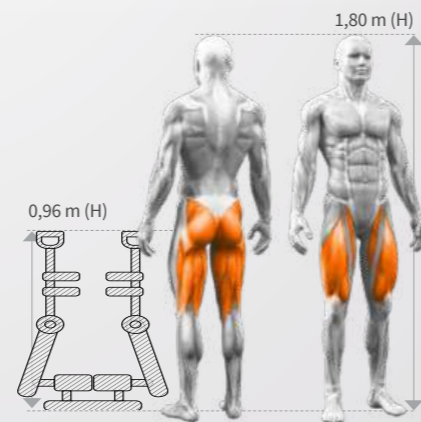
HIP THRUST WALK-THROUGH / A602



SPECIFICATIONS

A602

	Dimension	1770 x 1210 x 960 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	-- Plywood
	Frame color	●
	Application color	● ● ● ●
	Weight net / gross	69 kg / 109 kg
	Max load*	160 kg
	Recommended weight pack	GP120G
	Weight storage	2



Elevate your lower body workouts with the **A602 - Hip Thrust Walkthrough**. This machine combines elegant design with professionalgrade quality, making it ideal for increasing glute strength and hypertrophy. Designed to replicate the conventional Hip Thrust movement with free weights, it provides a more comfortable, ergonomic, and focused experience.

*depending on plate thickness

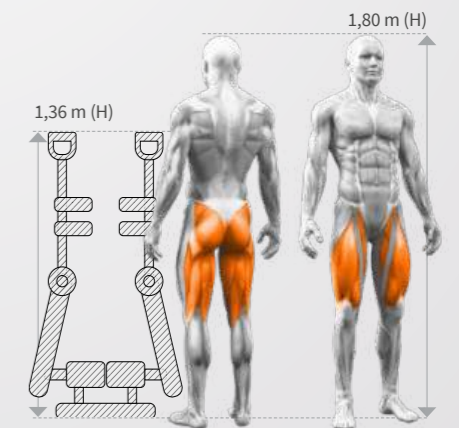
MULTI ABDUCTOR / A604



SPECIFICATIONS

A604

	Dimension	1490 x 1270 x 1360 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	-- Plywood
	Frame color	●
	Application color	● ● ● ●
	Weight net / gross	98 kg / 129 kg
	Max load*	160 kg
	Recommended weight pack	GP120G
	Weight storage	--



The A604 - Multi Abductor is designed to optimize hip abduction exercises by replicating the natural mechanics of the hip joint. This innovative machine enhances the effectiveness and stimulus of your workouts, making it a valuable addition to any fitness routine.

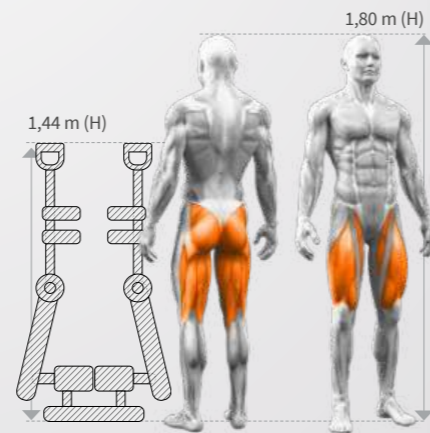
STANDING HIP THRUST / A605L



SPECIFICATIONS

A605L

	Dimension	1300 x 1590 x 1440 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1060 x 1000 x 280 mm Plywood
	Frame color	●
	Application color	● ● ● ●
	Weight net / gross	95 kg / 125 kg
	Max load*	160 kg
	Recommended weight pack	GP120G
	Weight storage	--



The **DHZ Standing Hip Thrust** ensures optimal biomechanics, allowing you to experience the hip thrust movement in its purest form while prioritizing your comfort and exercise effectiveness. No more adjustments or discomfort; the A605L is tailored for the utmost precision and efficiency in every rep.










*depending on plate thickness

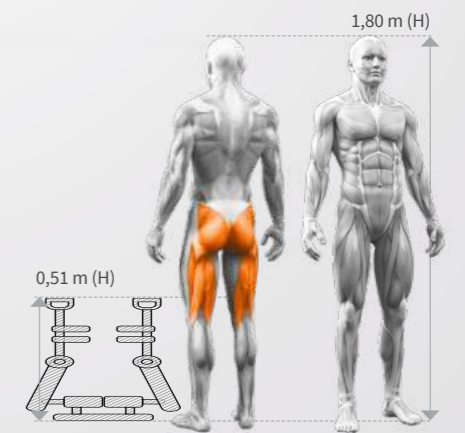
GLUTE BRIDGE BENCH / A606



SPECIFICATIONS

A606

	Dimension	1930 x 1400 x 515 mm
	Frame dimensions	--
	Transport box	--
	Frame color	●
	Application color	● ● ● ●
	Weight net / gross	117 kg / 147 kg
	Max load*	--
	Recommended weight pack	--
	Weight storage	--












The **A606 Glute Bridge Bench** from DHZ Fitness is designed to provide a dedicated platform for glute, leg, and core exercises, all within a compact footprint. This purpose-built bench eliminates the need for flat benches, offering a space specifically tailored for popular glute workouts.

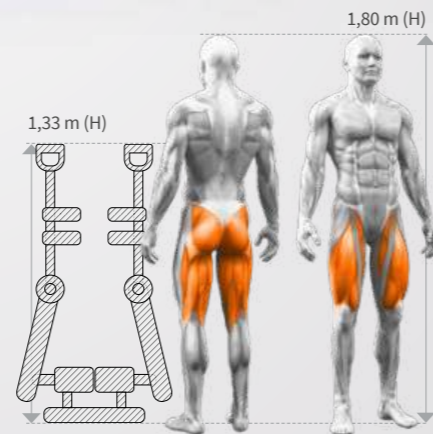
BELT SQUAT / A607



SPECIFICATIONS

A607

 Dimension	1940 x 1480 x 1335 mm
 Frame dimensions	12 x 6 mm / 8 x 5 mm
 Transport box	1700 x 1100 x 470 mm Plywood
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	85 kg / 115 kg
 Max load*	160 kg
 Recommended weight pack	GP120G
 Weight storage	--



The **A607 Belt Squat** is a versatile machine that targets the entire thigh and gluteus muscles. Unlike traditional squats that put pressure on the spine, the Belt Squat relieves the spine and allows for more comfortable and effective training. With the ability to adjust your stance, you can target different muscle groups and optimize your workout.

*depending on plate thickness

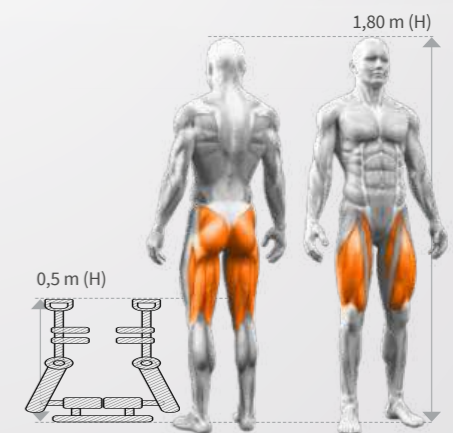
BELT HIP THRUST / A608



SPECIFICATIONS

A608

 Dimension	1870 x 2045 x 500 mm
 Frame dimensions	12 x 6 mm / 8 x 5 mm
 Transport box	-- Plywood
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	103 kg / 128 kg
 Max load*	160 kg
 Recommended weight pack	GP120G
 Weight storage	--



Take your lower body workouts to the next level with the **A608 - Belt Hip Thrust**. Designed to isolate and activate your glutes, this machine ensures maximum muscle engagement and growth. With adjustable plate-loaded resistance and an ergonomic design, it provides a comfortable, durable platform for hip thrusts and other lower body exercises. Compact and versatile, it's perfect for any gym setup.

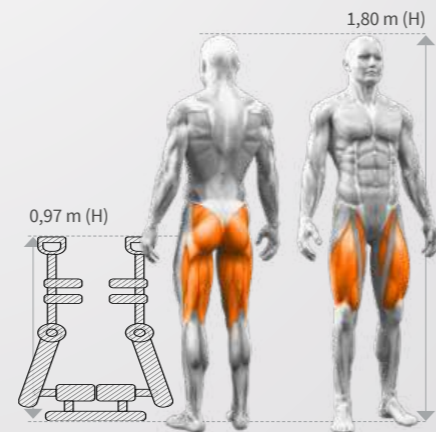
3D SMITH HIP THRUST / A609



SPECIFICATIONS

A609

	Dimension	1570 x 1630 x 970 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	-- Plywood
	Frame color	●
	Application color	● ● ● ●
	Weight net / gross	105 kg / 134 kg
	Max load*	160 kg
	Recommended weight pack	GP220G
	Weight storage	4



A609 - 3D Smith Hip Thrust is designed to elevate your glute workouts with its advanced features and user-friendly design. This machine ensures optimal exercise mechanics and improved technique with minimal adjustments required.

*depending on plate thickness

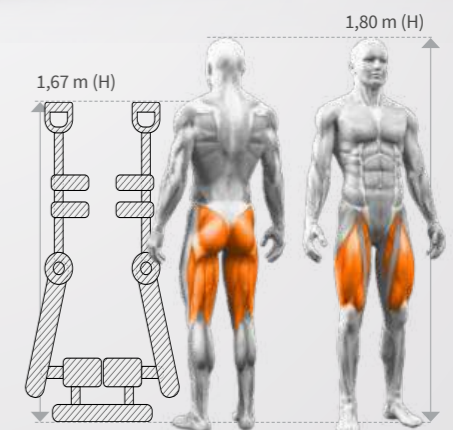
PENDULUM SQUAT / A610



SPECIFICATIONS

A610

	Dimension	2430 x 1410 x 1670 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	-- Plywood
	Frame color	●
	Application color	● ● ● ●
	Weight net / gross	205 kg / 235 kg
	Max loaded*	320 kg
	Recommended weight pack	GP220G
	Weight storage	4



The A610 Pendulum Squat offers an exceptional lower body workout with innovative features that set it apart from the competition. This machine provides a deep and controlled range of motion, allowing for effective squatting exercises that target key muscle groups. With a large back pad for secure body placement and sturdy uprights for stability, the A610 ensures a safe and comfortable training experience.

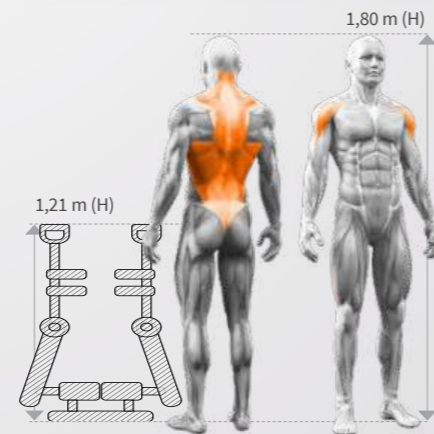
INCLINE LINEAR ROW / A611



SPECIFICATIONS

A611

	Dimension	1710 x 910 x 1210 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1700 x 1100 x 370 mm Plywood
	Frame color	●
	Application color	● ● ● ●
	Weight net / gross	147 kg / 187 kg
	Max load*	200 kg
	Recommended weight pack	GP140G
	Weight storage	2



The **A611 Incline Linear Row** is a groundbreaking addition to our lineup, designed to elevate your back and shoulder workouts with unmatched precision and safety. Engineered with an ergonomic design and robust construction, this machine ensures precise movements, maximizing the efficiency of each exercise.

*depending on plate thickness

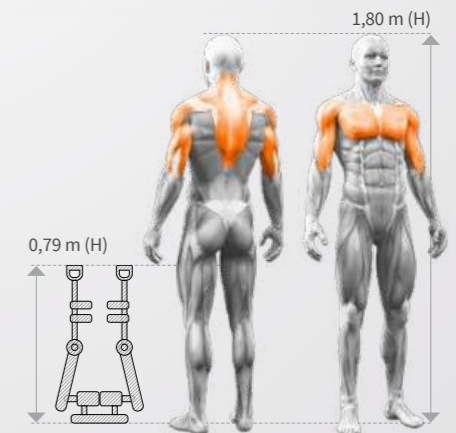
INCLINE FLY / A612



SPECIFICATIONS

A612

	Dimension	1650 x 1050 x 790 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	-- Plywood
	Frame color	●
	Application color	● ● ● ●
	Weight net / gross	68 kg / 98 kg
	Max loaded*	160 kg
	Recommended weight pack	GP120G
	Weight storage	--



The **A612 Incline Fly** is expertly crafted to deliver an unparalleled chest workout, offering a superior range of motion and exceptional muscle engagement. This machine features a lumbar-curved bench that not only supports the shoulders but also enhances chest expansion throughout the movement. The rotating handles provide a natural grip, while the easily adjustable seat ensures a comfortable fit for all users.

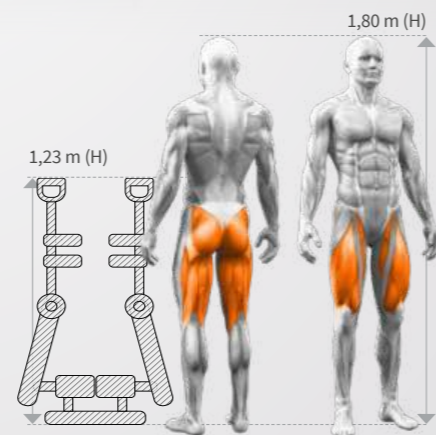
REVERSE HYPEREXTENSION / A613



SPECIFICATIONS

A613

	Dimension	1550 x 1400 x 1230 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1450 x 1300 x 350 mm Plywood
	Frame color	●
	Application color	● ● ● ●
	Weight net / gross	105 kg / 135 kg
	Max load*	160 kg
	Recommended weight pack	GP120G
	Weight storage	1



The **A613 Reverse Hyperextension** is expertly designed for targeted training of the posterior thigh muscles, including the glutes and hamstrings, as well as the lumbar muscles. This machine has been meticulously refined to enhance comfort and effectiveness. The thrust roller is positioned at the ankles, ensuring maximum engagement of the entire posterior chain. Additionally, the central support padding has been optimized.

*depending on plate thickness

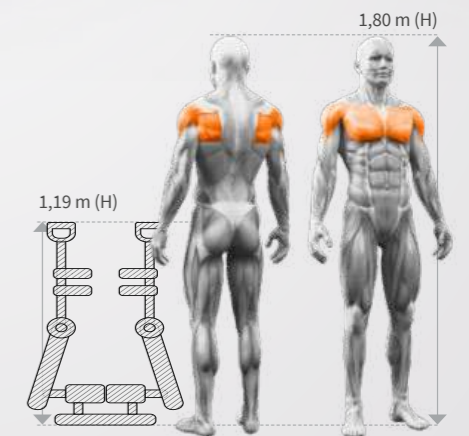
DUAL TRICEPS EXTENSION DIP / A614



SPECIFICATIONS

A614

	Dimension	1230 x 810 x 1190 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1220 x 1220 x 570 mm Plywood
	Frame color	●
	Application color	● ● ● ●
	Weight net / gross	60 kg / 100 kg
	Max load*	100 kg
	Recommended weight pack	GP50G
	Weight storage	--



A614 Tricep Extension/Dip, a revolutionary piece of strength training equipment designed to deliver exceptional tricep workouts. This versatile machine offers dual functionality, allowing users to perform both tricep extensions and dips with ease. Featuring an adjustable seat rest and uniquely designed handles, the A614 ensures optimal comfort and multiple grip options for a customized exercise experience. Built with durability and precision in mind, this machine is an excellent addition to any fitness space.

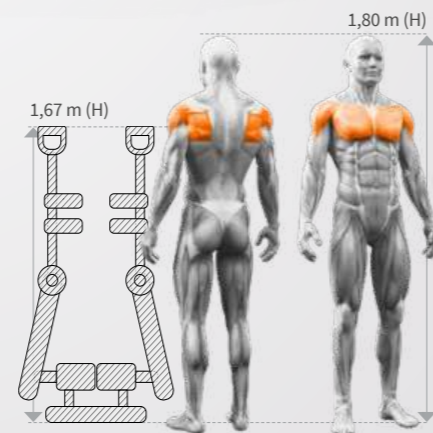
PRECISION CHEST PRESS / A615



SPECIFICATIONS

A615

 Dimension	1460 x 2060 x 1675 mm
 Frame dimensions	12 x 6 mm / 8 x 5 mm
 Transport box	1820 x 1620 x 420 mm Plywood
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	210 kg / 250 kg
 Max load*	200 kg
 Recommended weight pack	GP140G
 Weight storage	2



The A615 Chest Press is engineered to deliver a superior upper body workout with enhanced stability and precision. Featuring an innovative linkage drive system and a horizontal fixed track, this machine ensures a smooth and consistent press movement. The straight-line motion maintains optimal elbow and shoulder alignment, providing a stable exercise experience and excellent muscle engagement.









*depending on plate thickness

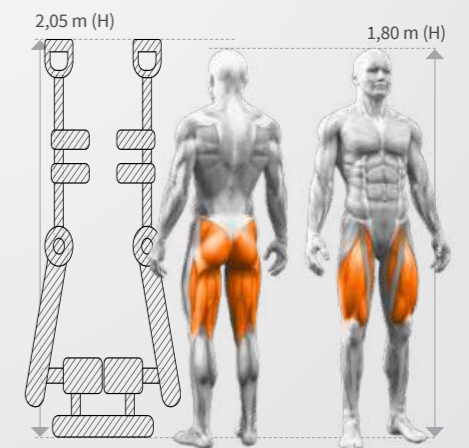
ADJUSTABLE VERTICAL LEG PRESS MACHINE / A616



SPECIFICATIONS

A616

 Dimension	2010 x 2140 x 2050 mm
 Frame dimensions	12 x 6 mm / 8 x 5 mm
 Transport box	-- Plywood
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	280 kg / 310 kg
 Max load*	620 kg
 Recommended weight pack	2 x GP220G
 Weight storage	2



The machine starts at 60 KG, with a maximum load capacity of up to 620 KG, catering to both novice and advanced trainers. It's the perfect choice for those looking to increase strength and endurance. With an easy adjustment mechanism, users can quickly find the most suitable position for their exercises, ensuring both safety and effectiveness. The heavy-duty steel frame ensures the stability and durability of the machine.

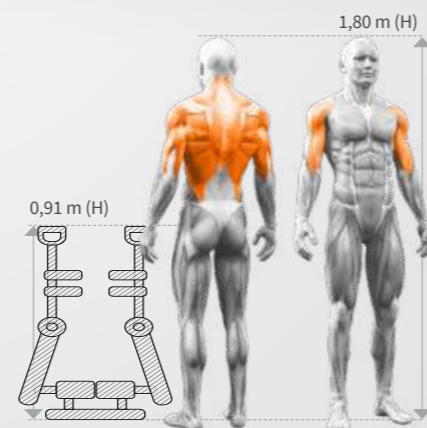
STANDING T-BAR ROW / A617



SPECIFICATIONS

A617

 Dimension	2085 x 995 x 910 mm
 Frame dimensions	12 x 6 mm / 8 x 5 mm
 Transport box	-- Plywood
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	100 kg / 130 kg
 Max load*	160 kg
 Recommended weight pack	GP120G
 Weight storage	6



The Standing T-Bar Row is designed to deliver a powerful and effective back workout, targeting key muscle groups with precision and versatility. Featuring angled foot platform, this machine ensures a stable and secure base for intense rowing exercises. The adjustable handle width allows for customized training, while each handle offers three distinct grip options, enabling you to target different muscles with varying intensities.

*depending on plate thickness

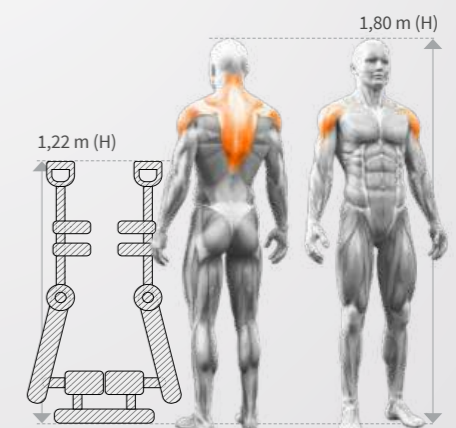
SEATED DELTOID FLY / A618



SPECIFICATIONS

A618

 Dimension	1635 x 900 x 1220 mm
 Frame dimensions	12 x 6 mm / 8 x 5 mm
 Transport box	1700 x 1100 x 470 mm Plywood
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	63 kg / 103 kg
 Max load*	160 kg
 Recommended weight pack	GP120G
 Weight storage	--



The Seated Deltoid Fly is expertly engineered to target the upper back, rear deltoids, and the lower-middle portion of the trapezius. The adjustable seat and backrest distance provide a customized fit, while the design allows for isolated rear deltoid exercises. Whether you prefer unilateral or bilateral workouts, the A6 Seated Deltoid Fly offers the versatility and control needed for superior shoulder and back development.

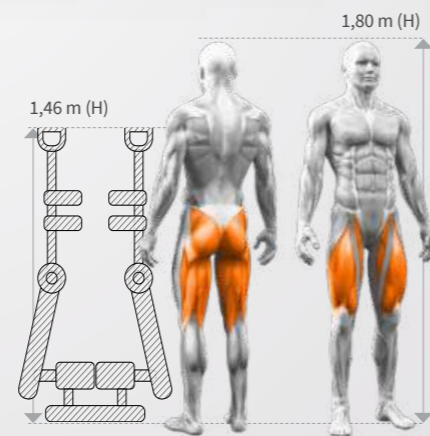
GLUTE KICKBACK / A619



SPECIFICATIONS

A619

 Dimension	1530 x 1440 x 1455 mm
 Frame dimensions	12 x 6 mm / 8 x 5 mm
 Transport box	-- Plywood
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	150 kg / 180 kg
 Max load*	80 kg
 Recommended weight pack	GP50G
 Weight storage	--



The **Glute Kickback** by DHZ Fitness is designed to provide a comprehensive workout for the gluteus muscles, quadriceps, and hamstrings. This machine features an adjustable system that allows users to select from three different workout angles, offering versatility and targeted muscle engagement. Elbow padding and support grips with horizontal adjustments ensure a comfortable and secure fit, while the design guarantees perfect alignment of the thrust leg for optimal performance.









*depending on plate thickness

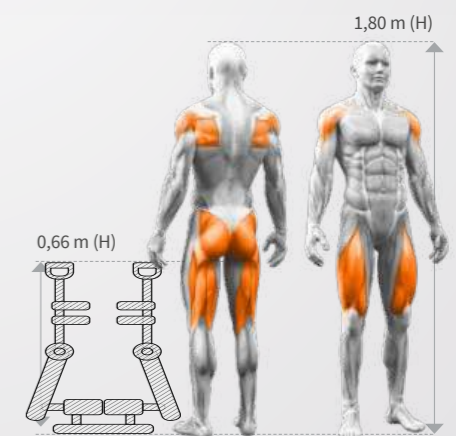
DEADLIFT ELITE / A621



SPECIFICATIONS

A621

 Dimension	1700 x 1680 x 660 mm
 Frame dimensions	--
 Transport box	--
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	100 kg / 130 kg
 Max load*	--
 Recommended weight pack	--
 Weight storage	--








The **A621 Deadlift Elite** by DHZ Fitness is a revolutionary solution for glute-focused strength training, uniquely designed to isolate the glutes from full stretch to full contraction without engaging the quads or hamstrings. With its versatile setup, users can perform a wide range of movements—including deadlifts and Bulgarian split squats—with unmatched precision. Multiple grip options, adjustable loading arms, and accessory compatibility make the A621 a powerful and adaptable tool for both targeted isolation and compound training.

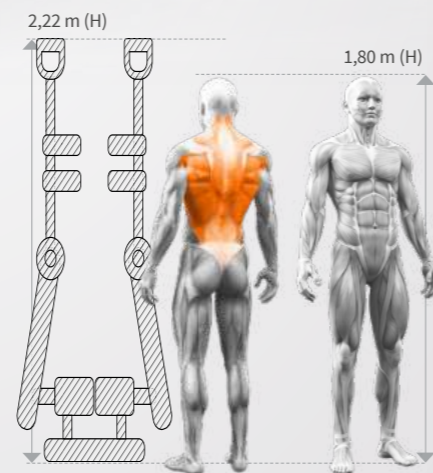
LAT PULLDOWN CIRCULAR / A622



SPECIFICATIONS

A622

 Dimension	1680 x 1420 x 2220 mm
 Frame dimensions	--
 Transport box	--
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	210 kg / 250 kg
 Max load*	--
 Recommended weight pack	--
 Weight storage	--



The **A622 Lat Pulldown Circular** by DHZ Fitness is specifically engineered to enhance upper back development, targeting the latissimus dorsi and surrounding muscles for greater width and definition. Its ergonomic design supports both unilateral and bilateral training, while the physiological load curve ensures consistent resistance throughout the range of motion. With multiple grip options and a central stabilizing handle, the A622 offers versatility, control, and safety, making it a powerful asset for targeted back training.








*depending on plate thickness

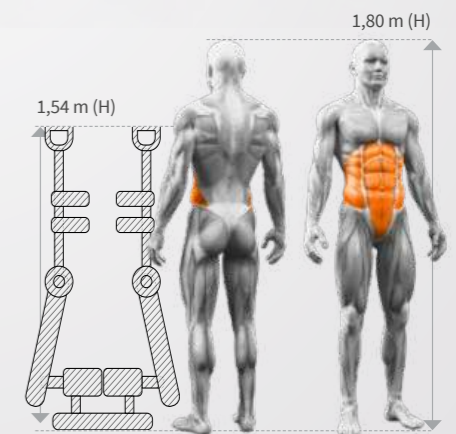
V-CRUNCH ABDOMINAL TRAINER / A623



SPECIFICATIONS

A623

 Dimension	1295 x 615 x 1545 mm
 Frame dimensions	12 x 6 mm / 8 x 5 mm
 Transport box	1300 x 300 x 350 mm Plywood
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	64 kg / 80 kg
 Max load*	--
 Recommended weight pack	--
 Weight storage	--












The **A623 V-Crunch Abdominal Trainer** offers a comfortable and effective way to target the lower abdominals. Using the body's own weight as resistance, this machine allows users to perform leg raises with adjustable intensity. The unique design provides options to decrease or increase the load by adjusting the foot bar, accommodating both beginners and advanced users. With an angled back pad and ergonomic cushion, the V-Crunch ensures a supportive and efficient workout experience that elevates traditional leg lifts.

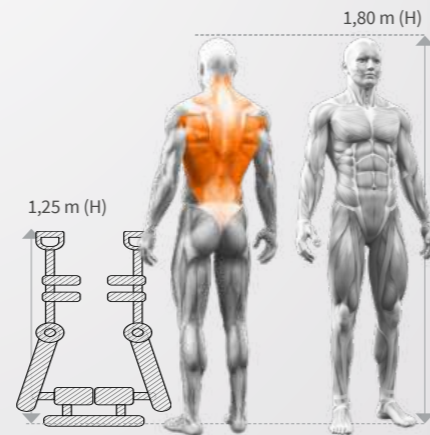
SUPPORTED ANGLE ROW / A624



SPECIFICATIONS

A624

 Dimension	1580 x 2000 x 1250 mm
 Frame dimensions	--
 Transport box	1330 x 1230 x 430 mm
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	180 kg / 210 kg
 Max load*	--
 Recommended weight pack	--
 Weight storage	--



The **A624 Supported Angle Row** by DHZ Fitness is designed to offer a more advanced and adaptable approach to upper back training. Featuring a chest-supported setup with adjustable pad angles, it replicates the natural mechanics of free weight rows while enhancing stability and precision. The dual-position adaptive grip system allows for both narrow and wide grips, targeting a broader range of back muscles. Its smooth, linear bearing-driven movement and foot-assisted start system ensure a more comfortable, controlled, and effective workout experience.










*depending on plate thickness

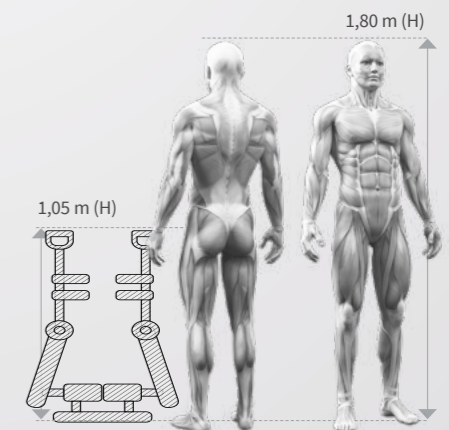
VERTICAL PLATE TREE / A625



SPECIFICATIONS

A625

 Dimension	970 x 970 x 1050 mm
 Frame dimensions	--
 Transport box	--
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	47 kg
 Max load*	--
 Recommended weight pack	--
 Weight storage	--



Stable tower with 12 horns for weight plates. Easy to mount and remove the plates.

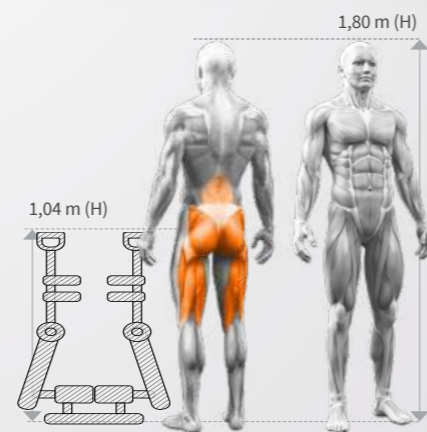
45 HIP EXTENSION / A627



SPECIFICATIONS

A627

	Dimension	1415 x 1690 x 1040 mm
	Frame dimensions	--
	Transport box	1530 x 730 x 530 mm
	Frame color	●
	Application color	● ● ● ●
	Weight net / gross	115 kg / 145 kg
	Max load*	--
	Recommended weight pack	--
	Weight storage	--



The **A627 45 Hip Extension** by DHZ Fitness is a purpose-built machine designed to isolate and fully engage the glute muscles through a precise, full range of motion. With a 45° training angle and a biomechanically-optimized arc that replicates hip extension, abduction, and external rotation, this machine maximizes glute activation while minimizing hamstring involvement. Adjustable components and ergonomic handles provide stability and comfort, supporting effective and targeted training.

*depending on plate thickness

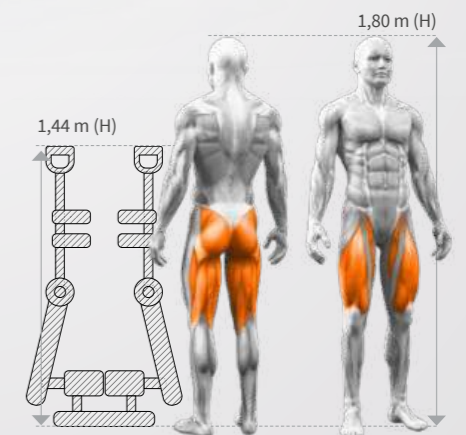
STANDING ABDUCTOR / A629



SPECIFICATIONS

A629

	Dimension	1628 x 1000 x 1441 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	1080 x 1680 x 040 mm Plywood
	Frame color	●
	Application color	● ● ● ●
	Weight net / gross	113 kg / 143 kg
	Max load*	160 kg
	Recommended weight pack	GP120G
	Weight storage	--



The **Standing Abductor** is designed to maximize the activation of the glute muscles. Compared with the abductor training in the sitting position, the standing position can stimulate the glute muscles more effectively and train more fully. Users can choose the squat height according to their needs, and the extended handrail help users maintain balance during training.

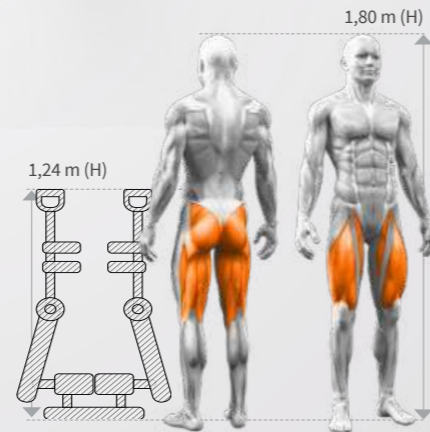
ROLLER HIP THRUST / A3092



SPECIFICATIONS

A3092

 Dimension	1870 x 1240 x 1240 mm
 Frame dimensions	12 x 6 mm / 8 x 5 mm
 Transport box	1750 x 700 x 750 mm Plywood
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	108 kg / 138 kg
 Max load*	160 kg
 Recommended weight pack	GP120G
 Weight storage	2



The Roller Hip Thrust focuses on the glute muscles and simulates the most popular free weight glute training paths. Ergonomic pelvic pads provide secure and comfortable support for training start and end. The traditional bench is replaced by a wide back pad, which greatly reduces the pressure on the back and improves the comfort and stability.






*depending on plate thickness

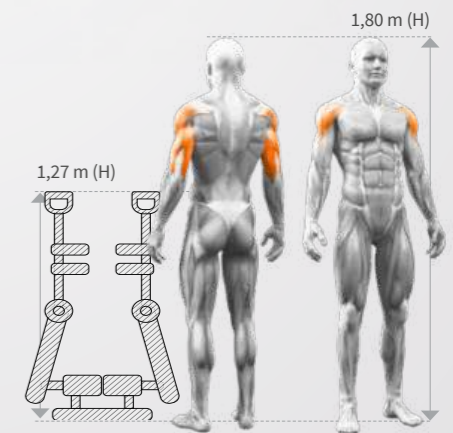
SHOULDER PRESS / A750



SPECIFICATIONS

A750

 Dimension	1200 x 1200 x 1270 mm
 Frame dimensions	12 x 6 mm / 8 x 5 mm
 Transport box	1200 x 1000 x 450 mm Plywood
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	104 kg / 120 kg
 Max load*	--
 Recommended weight pack	--
 Weight storage	--



The A750 Shoulder Press is designed to deliver a powerful shoulder workout with customizable settings for every user. This machine features multiple grip options, providing exercise variety and optimal control. An adjustable seat and gas-assisted range limiters allow each user to find their ideal starting position, ensuring maximum comfort and effectiveness. The A750 combines versatility, precision, and ease of use for an exceptional shoulder training experience.

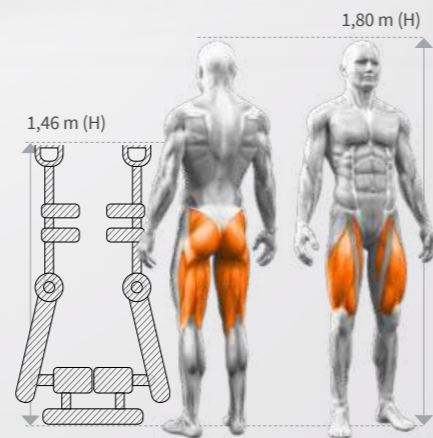
BELT SQUAT / D601



SPECIFICATIONS

D601

	Dimension	2055 x 1690 x 1460 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	2100 x 1100 x 520 mm Plywood
	Frame color	●
	Application color	● ● ● ●
	Weight net / gross	225 kg / 265 kg
	Max load*	320 kg
	Recommended weight pack	GP220G
	Weight storage	2



The Defender Series Belt Squat is a versatile machine that targets the entire thigh and gluteus muscles. Unlike traditional squats that put pressure on the spine, the Belt Squat relieves the spine and allows for more comfortable and effective training. With the ability to adjust your stance, you can target different muscle groups and optimize your workout. The machine also includes additional pins for elastic straps to add resistance and challenge your muscles.

*depending on plate thickness

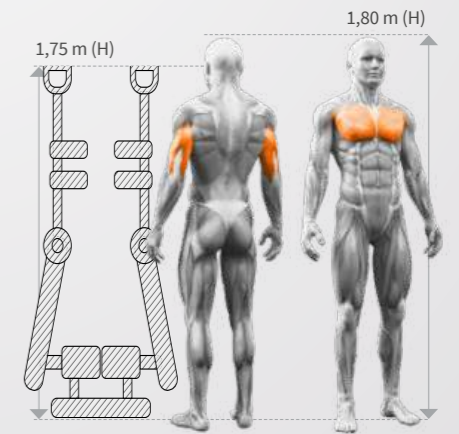
POWER SMITH MACHINE DUAL SYSTEM / D602



SPECIFICATIONS

D602

	Dimension	1880 x 2010 x 1750 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	2000 x 1100 x 720 mm Plywood
	Frame color	●
	Application color	● ● ● ●
	Weight net / gross	165 kg / 195 kg
	Max load*	160 kg
	Recommended weight pack	GP120G
	Weight storage	6




The Defender Series Power Smith Dual System is an innovative machine designed to perform thrust movements of the upper limbs safely and efficiently. It features independent load and a convergent trajectory that amplifies the range of motion compared to traditional Smith Machines.

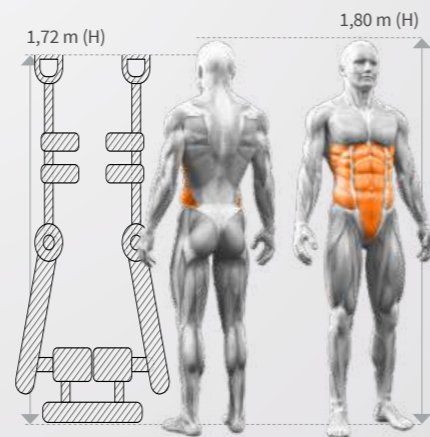
ABDOMINAL CRUNCH / D604



SPECIFICATIONS

D604

 Dimension	1380 x 1776 x 1720 mm
 Frame dimensions	12 x 6 mm / 8 x 5 mm
 Transport box	1700 x 1100 x 420 mm Plywood
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	121 kg / 151 kg
 Max load*	110 kg
 Recommended weight pack	GP105G
 Weight storage	2



The Defender Series Rotating Abdominal Crunch is a must-have for anyone looking to target their abdominal muscles with precision. Unlike traditional ab crunch machines, this equipment features two suspension points on both sides that provide greater resistance and a more challenging workout. The equipment is also highly stable and includes storage pins for weight plates.










*depending on plate thickness

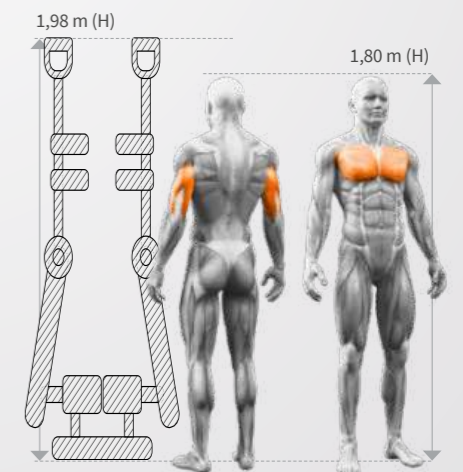
HIGH ROW / D606



SPECIFICATIONS

D606

 Dimension	1940 x 1650 x 1980 mm
 Frame dimensions	12 x 6 mm / 8 x 5 mm
 Transport box	1700 x 1100 x 420 mm Plywood
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	157 kg / 187 kg
 Max load*	160 kg
 Recommended weight pack	GP120G
 Weight storage	--



The Defender Series High Row Dual is the ultimate machine for targeting your back muscles. This machine simulates the motion of a traditional high row exercise, but with added features to enhance your workout. The built-in storage pins allow for easy access to weight plates, and the height-adjustable seat pad and thigh pad ensure a comfortable and secure fit during your workout.

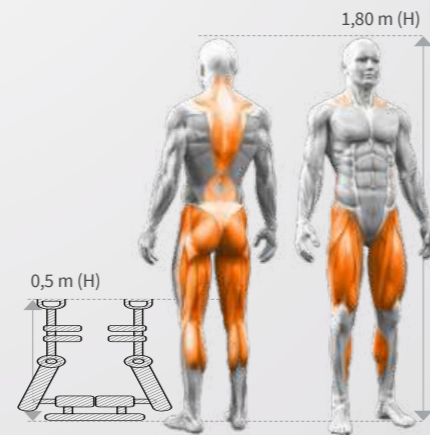
DOUBLE DEADLIFT / D607



SPECIFICATIONS

D607

 Dimension	1870 x 2045 x 500 mm
 Frame dimensions	12 x 6 mm / 8 x 5 mm
 Transport box	1700 x 1100 x 320 mm Plywood
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	80 kg / 120 kg
 Max load*	320 kg
 Recommended weight pack	GP220G
 Weight storage	2



The **Defender Series Deadlift Double Handle** is the perfect addition to any gym that wants to add variety to their deadlift training. This machine is designed to simulate the traditional exercise and offers a more comfortable and varied grip option with its dual handle position.



*depending on plate thickness

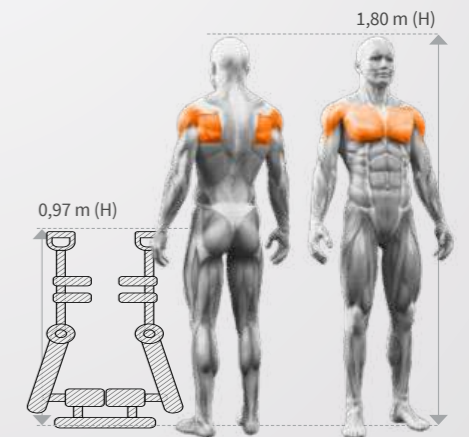
CHEST BUTTERFLY / D608



SPECIFICATIONS

D608

 Dimension	1570 x 1630 x 970 mm
 Frame dimensions	12 x 6 mm / 8 x 5 mm
 Transport box	1700 x 1100 x 420 mm Plywood
 Frame color	●
 Application color	● ● ● ●
 Weight net / gross	85 kg / 125 kg
 Max load*	160 kg
 Recommended weight pack	GP120G
 Weight storage	--







The **Defender Series Chest Butterfly Dual** is a versatile and effective plate-loaded machine designed to provide a comfortable and challenging workout for your chest muscles. The unique 45-degree tilted seat and backrest design allows for better isolation of the pectoral muscles, resulting in a more effective workout.

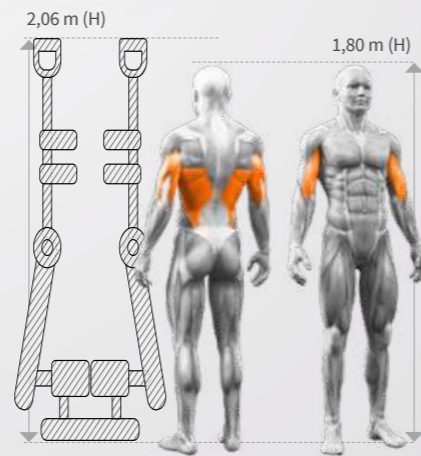
CIRCULAR LAT PULLDOWN / D610



SPECIFICATIONS

D610

	Dimension	1930 x 1860 x 2060 mm
	Frame dimensions	12 x 6 mm / 8 x 5 mm
	Transport box	2000 x 1100 x 670 mm Plywood
	Frame color	●
	Application color	● ● ● ●
	Weight net / gross	195 kg / 235 kg
	Max load*	160 kg
	Recommended weight pack	GP120G
	Weight storage	4



The **Defender Series Circular Lat Pulldown** allows for a comfortable and ergonomic seated position while performing an effective downward pulling motion that targets the dorsal and arm muscles. The scissor design provides a secure and stable workout, ensuring maximum results.

*depending on plate thickness

COLOR OPTIONS



PEARL SILVER

SWING ARM

FRAME & UPHOLSTERY



PEARL RED

SWING ARM

FRAME & UPHOLSTERY



PEARL GREEN

SWING ARM

FRAME & UPHOLSTERY



PEARL BLACK

SWING ARM

FRAME & UPHOLSTERY

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