

D-FORCE

DUAL WEIGHT STACK

D-FORCE – DUAL WEIGHT STACK

THESE MACHINES DELIVER A TRAINING FEEL CLOSE TO PLATE-LOADED EQUIPMENT WHILE ELIMINATING THE NEED TO HANDLE PLATES, RESULTING IN CLEANER, SAFER, AND MORE EFFICIENT GYM ENVIRONMENTS. THE USE OF CHAIN-BASED RESISTANCE ADDS A UNIQUE, POWERFUL LOOK AND AUTHENTIC STRENGTH EXPERIENCE, CREATING STRONG VISUAL AND MARKETING APPEAL.

Built with robust construction, Top biomechanics, and intuitive adjustments, the D-Force Line ensures durability, ease of use, and high performance across all user levels.

A belt- or chain-driven resistance system delivers powerful, direct load transfer. The chain option provides a more aggressive, mechanical feel, ideal for performance-oriented gyms. Each machine features independent left and right movement (Dual Force System), enabling unilateral training, improved muscle balance, and natural motion paths. Positioned above standard selectorised equipment, D-Force delivers a stronger, more intense training experience—without the complexity of plate handling.

DHZ D-FORCE LINE – INDEPENDENT STRENGTH, BELT OR CHAIN DRIVEN



- ✓ **MODULAR, DISASSEMBLED DESIGN FOR COMPACT PACKAGING, EASY ASSEMBLY, AND EXCEPTIONAL FRAME RIGIDITY**
- ✓ **EXCELLENT BIOMECHANICS – ENGINEERED FOR NATURAL MOVEMENT PATHS, OPTIMAL MUSCLE ENGAGEMENT, AND MAXIMUM TRAINING EFFICIENCY.**
- ✓ **ROBUST MACHINE CONSTRUCTION ENGINEERED FOR EXCEPTIONAL DURABILITY WITH MINIMAL MAINTENANCE REQUIREMENTS**
- ✓ **TOP LEVEL INJECTION MOULDED UPHOLSTERY – HIGHLY DURABLE, PREMIUM LOOK AND FEEL, DESIGNED FOR INTENSIVE COMMERCIAL USE.**
- ✓ **HIGH-CAPACITY DUAL WEIGHT STACK SYSTEM WITH ADDITIONAL WEIGHT ADD ON DISCS OF 2,5 KG**



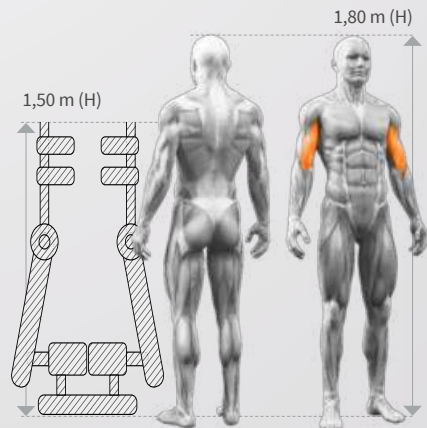
DHZ D-FORCE – INDEPENDENT STRENGTH, BELT OR CHAIN DRIVEN

BICEPS CURL - BELT-DRIVEN SYSTEM / PM2037



SPECIFICATIONS PM2037

	Dimension	970 x 1480 x 1500 mm
	Transport box	1710 x 830 x 730 mm Plywood
	Weight net / gross	236 kg / 266 kg
	Weight stack	2 x 75 kg
	Extra weight	2 x 2,5 kg
	Upholstery color	 

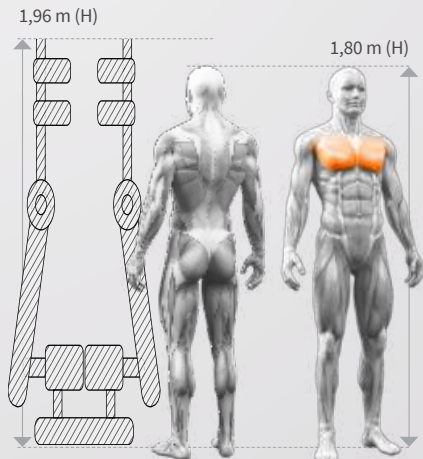


CHEST PRESS - BELT-DRIVEN SYSTEM / PM2038



SPECIFICATIONS PM2038

	Dimension	1020 x 1730 x 1960 mm
	Transport box	2210 x 1210 x 680 mm Plywood
	Weight net / gross	347 kg / 377 kg
	Weight stack	2 x 75 kg
	Extra weight	2 x 2,5 kg
	Upholstery color	 

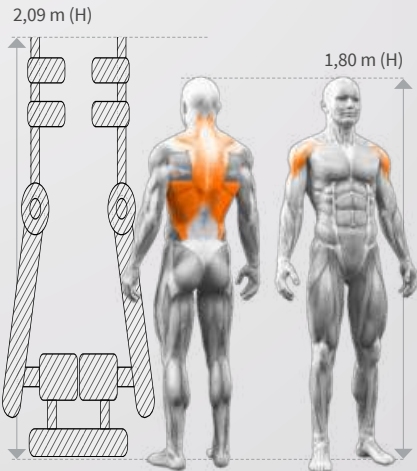


ROW - BELT-DRIVEN SYSTEM / PM2039



SPECIFICATIONS PM2039

	Dimension	1300 x 1580 x 2090 mm
	Transport box	2030 x 1210 x 680 mm Plywood
	Weight net / gross	347 kg / 377 kg
	Weight stack	2 x 75 kg
	Extra weight	2 x 2,5 kg
	Upholstery color	

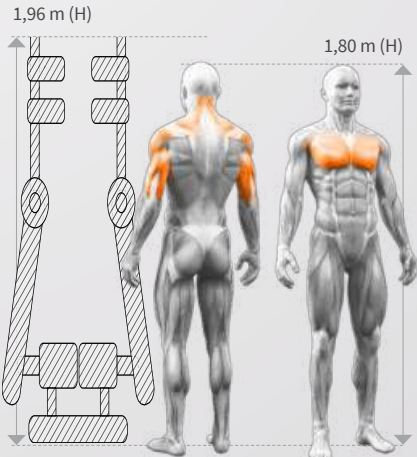


INCLINE PRESS - BELT-DRIVEN SYSTEM / PM2040



SPECIFICATIONS PM2040

	Dimension	1020 x 1730 x 1960 mm
	Transport box	2210 x 1210 x 580 mm Plywood
	Weight net / gross	347 kg / 377 kg
	Weight stack	2 x 75 kg
	Extra weight	2 x 2,5 kg
	Upholstery color	

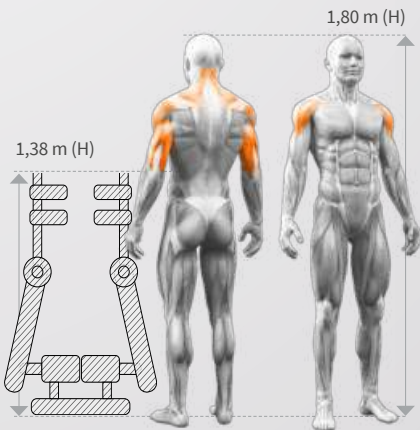


SHOULDER PRESS - BELT-DRIVEN SYSTEM / PM2041



SPECIFICATIONS PM2041

	Dimension	1150 x 1580 x 1380 mm
	Transport box	1230 x 1380 x 730 mm Plywood
	Weight net / gross	339 kg / 369 kg
	Weight stack	2 x 75 kg
	Extra weight	2 x 2,5 kg
	Upholstery color	

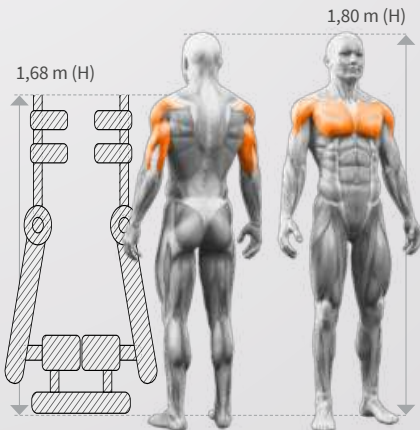


DECLINE PRESS - BELT-DRIVEN SYSTEM / PM2042



SPECIFICATIONS PM2042

	Dimension	1000 x 1630 x 1530 mm
	Transport box	1680 x 1230 x 580 mm Plywood
	Weight net / gross	343 kg / 373 kg
	Weight stack	2 x 75 kg
	Extra weight	2 x 2,5 kg
	Upholstery color	

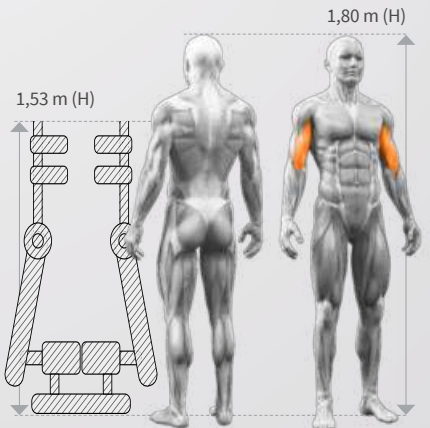


TRICEPS EXTENSION - BELT-DRIVEN SYSTEM / PM2043



SPECIFICATIONS PM2043

	Dimension	920 x 1330 x 1530 mm
	Transport box	1630 x 880 x 730 mm Plywood
	Weight net /gross	264 kg / 294 kg
	Weight stack	2 x 75 kg
	Extra weight	2 x 2,5 kg
	Upholstery color	

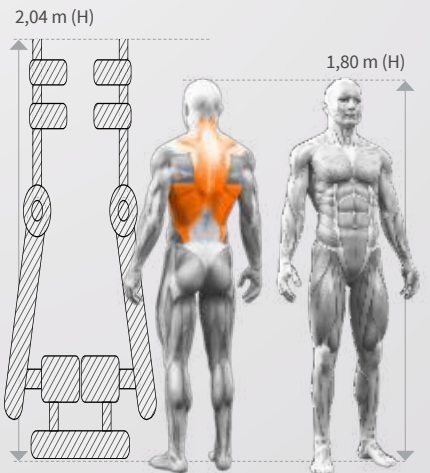


FRONT PULLDOWN - BELT-DRIVEN SYSTEM / PM2044



SPECIFICATIONS PM2044

	Dimension	1220 x 1480 x 2040 mm
	Transport box	1830 x 1230 x 710 mm Plywood
	Weight net / gross	360 kg / 390 kg
	Weight stack	2 x 75 kg
	Extra weight	2 x 2,5 kg
	Upholstery color	

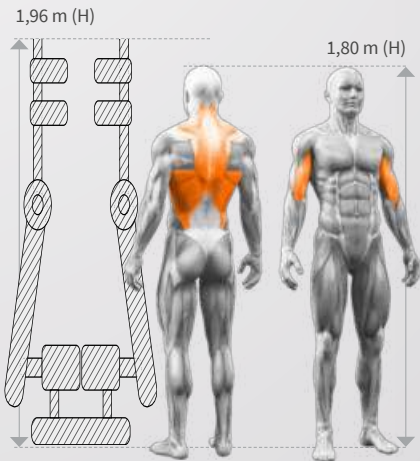


HIGH ROW - BELT-DRIVEN SYSTEM / PM2045



SPECIFICATIONS PM2045

	Dimension	1200 x 1830 x 1960 mm
	Transport box	2110 x 1210 x 530 mm Plywood
	Weight net /gross	354 kg / 384 kg
	Weight stack	2 x 75 kg
	Extra weight	2 x 2,5 kg
	Upholstery color	 

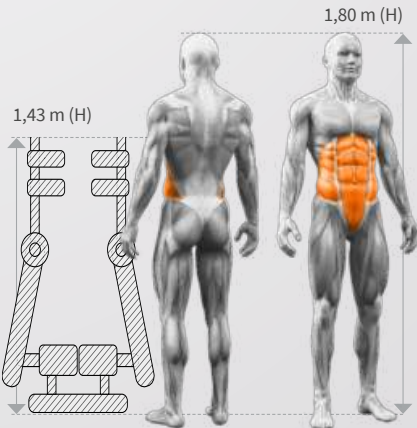


ABDOMINAL CRUNCH - BELT-DRIVEN SYSTEM / PM2046



SPECIFICATIONS PM2046

	Dimension	1120 x 1000 x 1430 mm
	Transport box	1230 x 1430 x 580 mm Plywood
	Weight net /gross	241 kg / 271 kg
	Weight stack	68 kg
	Extra weight	2 x 2,5 kg
	Upholstery color	 

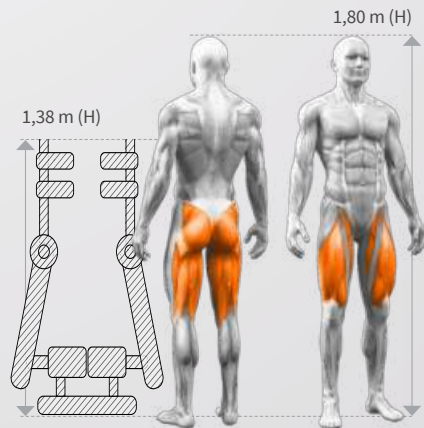


**KNEELING LEG CURL -
BELT-DRIVEN SYSTEM / PM2047**



SPECIFICATIONS
PM2047

 Dimension	1150 x 1580 x 1380 mm
 Transport box	1710 x 1480 x 700 mm Plywood
 Weight net / gross	339 kg / 369 kg
 Weight stack	2 x 75 kg
 Extra weight	2 x 2,5 kg
 Upholstery color	 

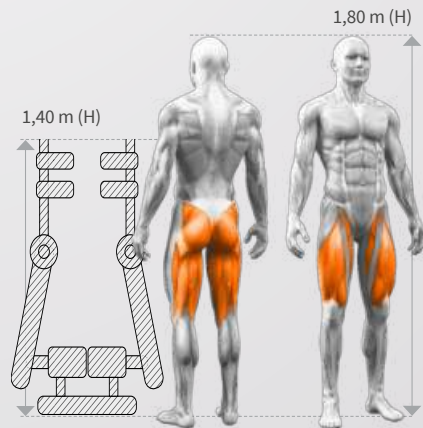


**LEG EXTENSION -
BELT-DRIVEN SYSTEM / PM2048**



SPECIFICATIONS
PM2048

 Dimension	1220 x 1450 x 1400 mm
 Transport box	1230 x 1710 x 650 mm Plywood
 Weight net /gross	341 kg / 371 kg
 Weight stack	2 x 75 kg
 Extra weight	2 x 2,5 kg
 Upholstery color	 

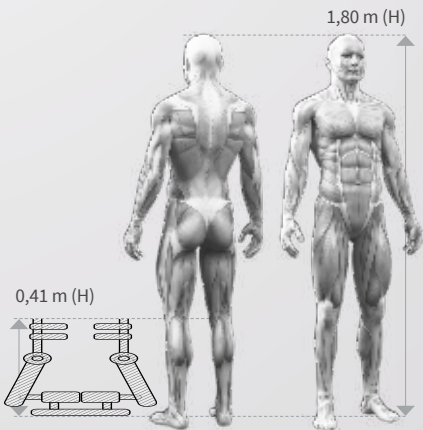


FLAT BENCH / PM3001



SPECIFICATIONS PM3001

	Dimension	1270 x 560 x 410 mm
	Transport box	1330 x 630 x 430 mm Carton
	Weight net / gross	25 kg / 55 kg
	Upholstery color	●

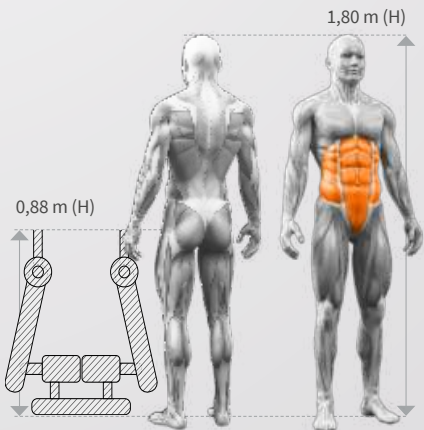


ABDOMINAL BOARD / PM3002



SPECIFICATIONS PM3002

	Dimension	1740 x 610 x 880 mm
	Transport box	1630 x 830 x 680 mm Carton
	Weight net / gross	52 kg / 82 kg
	Upholstery color	●

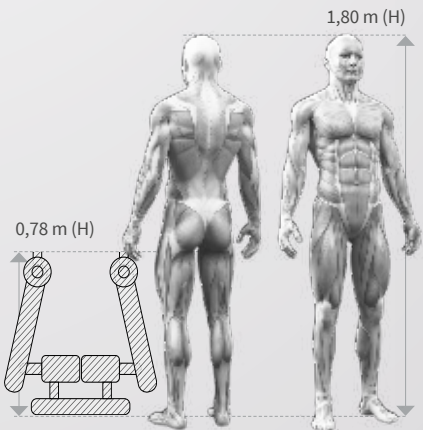


INCLINE BENCH 30° / PM3003



SPECIFICATIONS
PM3003

 Dimension	1100 x 630 x 780 mm
 Transport box	1080 x 700 x 390 mm Carton
 Weight net / gross	34 kg / 64 kg
 Upholstery color	●

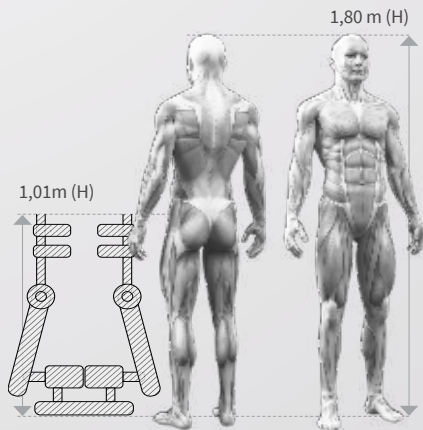


INCLINE BENCH 55° / PM3004



SPECIFICATIONS
PM3004

 Dimension	890 x 550 x 1010 mm
 Transport box	1050 x 980 x 610 mm Carton
 Weight net / gross	33 kg / 63 kg
 Upholstery color	●

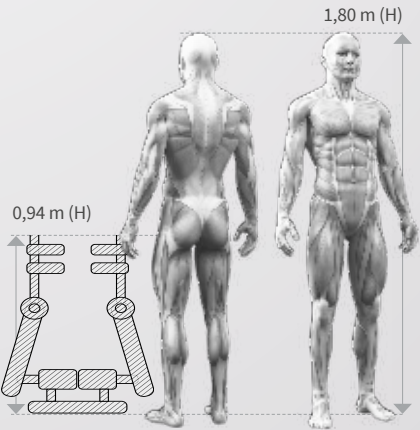


UTILITY BENCH 75° / PM3005



SPECIFICATIONS
PM3005

 Dimension	1300 x 640 x 940 mm
 Transport box	1360 x 710 x 980 mm Carton
 Weight net / gross	30 kg / 60 kg
 Upholstery color	●

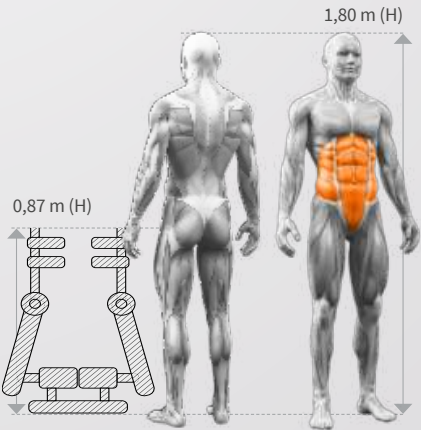


DECLINE ABDOMINAL BENCH / PM3006



SPECIFICATIONS
PM3006

 Dimension	1610 x 610 x 870 mm
 Transport box	1110 x 650 x 630 mm Carton
 Weight net / gross	46 kg / 76 kg
 Upholstery color	●

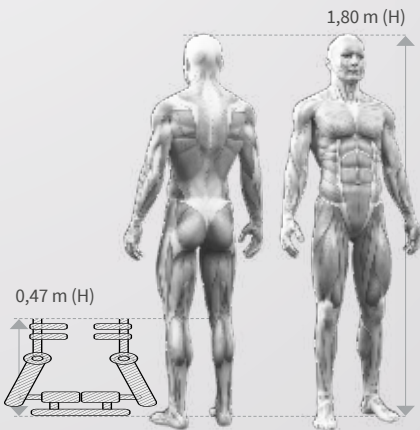


SUPER BENCH / PM3007



SPECIFICATIONS PM3007

	Dimension	1330 x 560 x 470 mm
	Transport box	1370 x 600 x 440 mm Carton
	Weight net / gross	39 kg / 69 kg
	Upholstery color	●

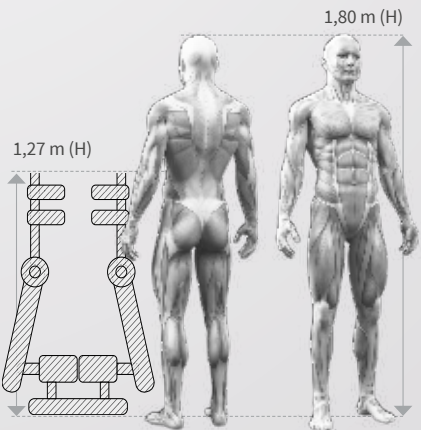


OLYMPIC BENCH / PM3012



SPECIFICATIONS PM3012

	Dimension	1330 x 1270 x 1270 mm
	Transport box	1330 x 730 x 460 mm Carton
	Weight net / gross	66 kg / 96 kg
	Upholstery color	●

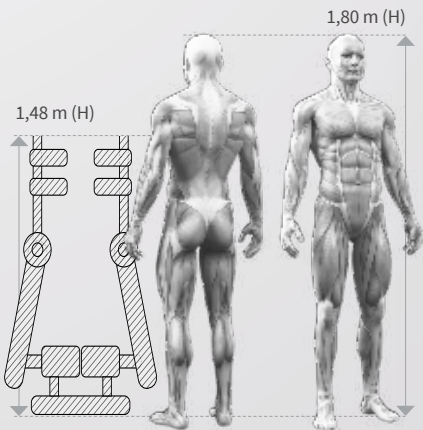


OLYMPIC BENCH INCLINE / PM3013



SPECIFICATIONS PM3013

	Dimension	1300 x 1330 x 1480 mm
	Transport box	1640 x 1440 x 380 mm Carton
	Weight net / gross	90 kg / 120 kg
	Upholstery color	●

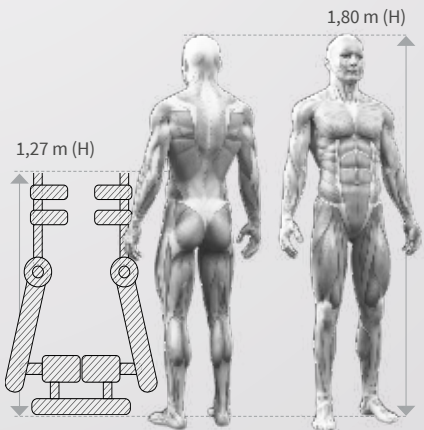


OLYMPIC BENCH DECLINE / PM3014



SPECIFICATIONS PM3014

	Dimension	1530 x 1350 x 1270 mm
	Transport box	1360 x 1360 x 570 mm Carton
	Weight net /gross	87 kg / 117 kg
	Upholstery color	●



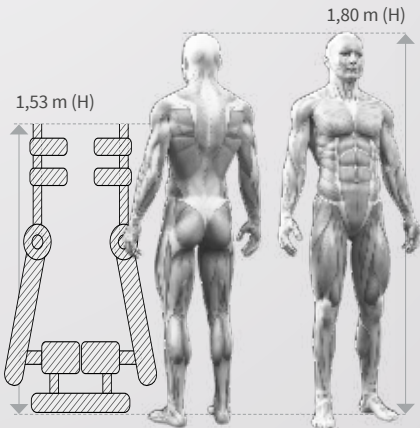
BARBELL RACK / PM3015



SPECIFICATIONS

PM3015

	Dimension	790 x 720 x 1530 mm
	Transport box	1630 x 810 x 230 mm Carton
	Weight net / gross	65 kg / 95 kg
	Upholstery color	●



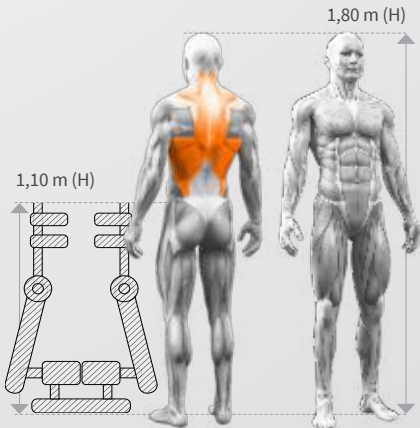
BACK EXTENSION / PM3016



SPECIFICATIONS

PM3016

	Dimension	1500 x 720 x 1100 mm
	Transport box	1550 x 780 x 590 mm Carton
	Weight net / gross	62 kg / 92 kg
	Upholstery color	●



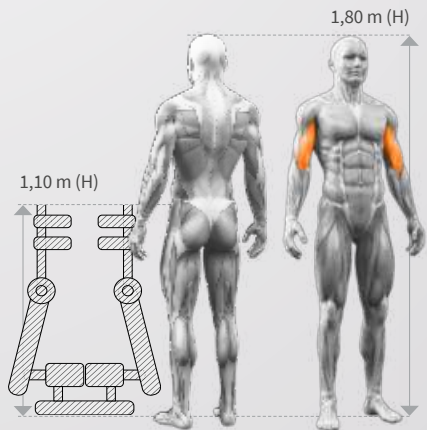
PREACHER CURL / PM3018

VERTICAL PLATE TREE / PM3019



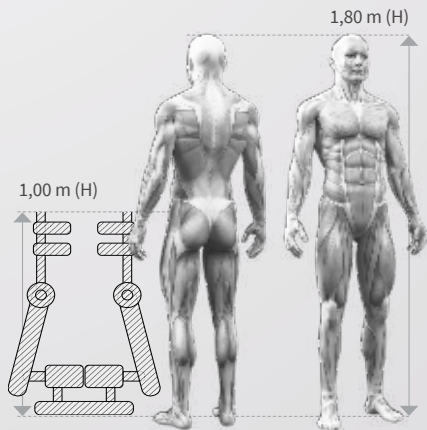
SPECIFICATIONS
PM3018

 Dimension	1000 x 920 x 1100 mm
 Transport box	1130 x 1080 x 430 mm Carton
 Weight net / gross	73 kg / 103 kg
 Upholstery color	●



SPECIFICATIONS
PM3019

 Dimension	510 x 690 x 1000 mm
 Transport box	810 x 630 x 1080 mm Carton
 Weight net / gross	34 kg / 64 kg
 Upholstery color	●





DHZ FITNESS SMART GYM SOLUTIONS

WITH OUR SMART GYM SOLUTIONS CONCEPT, WE TAKE THE PERSPECTIVE OF THE GYM OPERATOR AND DEVELOP SOLUTIONS THAT MAKE YOUR EVERYDAY LIFE EASIER. FOR YOUR MEMBERS, WE CREATE A PLEASANT TRAINING EXPERIENCE WITH AN EASY UNDERSTANDING OF PRODUCT USAGE AND GOOD TRAINING COMFORT.

DHZ FITNESS SHOWROOM
Eisenhutweg 122
12487 Berlin

- more than 700 m²
- only 10 minutes from airport

YOU WANT TO GET TO KNOW AND TEST OUR EQUIPMENT?

Come visit us!

In our showroom in Berlin, we present a selection of our equipment. Please contact us for a personal appointment so that we can take the time to advise you competently.

YOU ARE INTERESTED IN ADDITIONAL INFORMATION OR WANT TO MEET IN PERSON?

Ask us!

Our friendly sales team is available for you to address your needs. We would be happy to make a non-binding offer to you.

METEM SRL
HUB DHZ ITALIA E SVIZZERA
Via G. Amendola, 24 | 31020 Villorba (TV), Italy
☎ 0422 267010 | ✉ team@metem.fit

WWW.METEM.FIT



SCAN
FOR MORE
INFORMATION

